

BENEFACTS



Medical & Dental Benefits Resource
1st Quarter - 2025
[SHP Optimal Health](#)



Don't forget to complete your [Biometric Screening \(HRA\)](#) to earn \$150 wellness credit toward your 2026 medical plan deductible



Employees and their spouse are eligible if enrolled in medical coverage with Scioto Health Plan. The Biometric screening is a preventative step you can take to better understand your health. Your results also give your care team the opportunity to determine the right care for you.

HOW TO SCHEDULE:

My Premise Health app, mypremisehealth.com, or call Scioto Advantage Health & Wellness Center at 740.354.0292 or 740.736.5211

Sign in or select "Sign Up now" to create an account. Once signed in, select "Schedule an Appointment."

Biometric Screening/Lab Appointment:
Select "Biometrics"

Follow-up Appointment:
Select an "Office Visit"
Note: This can be in person or virtual.

Deadline to complete HRA is 9/30/25

DID YOU KNOW?

You have access to your personal information through our vendor websites and apps

- Access your ID card
- Search in-network providers
- Estimate costs for services
- Price medications
- See deductible and out-of-pocket costs met
- Review Explanation of Benefits
- and much more

Click on the vendor name below for instructions to set up your account



ANTHEM



EXPRESS-SCRIPTS



DELTA DENTAL



PREMISE HEALTH

New Plan Year Reminder

Your deductible and out-of-pocket maximum reset to zero on January 1, 2025.

QUESTIONS?

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